



menu

NO SORBET · NO FROZEN YOGURT · NO ICE · NO SWEETENERS

100% pure goodness

juice

- | | | | |
|---|-------------------|-----------------|-----------------|
| | 12 oz | 16 oz | 24 oz |
| brain juice
carrot, orange, ginkgo | 5 ⁹⁵ | 6 ⁵⁵ | 7 ⁷⁵ |
| fatigue fighter
apple, beet, carrot, ginger, ginseng | 5 ⁹⁵ | 6 ⁵⁵ | 7 ⁷⁵ |
| immune booster
carrot, apple, spinach, kale, ginger, echinacea | 6 ⁵⁵ | 7 ⁵⁵ | 8 ⁵⁵ |
| mood mender
orange, grapefruit, ginseng, vitamin c | 5 ⁹⁵ | 6 ⁵⁵ | 7 ⁷⁵ |
| quick quencher
watermelon, pineapple, lemon, aloe vera | 5 ⁹⁵ | 6 ⁵⁵ | 7 ⁷⁵ |
| skin tonic
apple, celery, spinach, kale, aloe vera | 6 ⁵⁵ | 7 ⁵⁵ | 8 ⁵⁵ |
| tension tamer
carrot, apple, celery, st. john's wort | 5 ⁹⁵ | 6 ⁵⁵ | 7 ⁷⁵ |
| all greens | 6 ⁹⁵ | 7 ⁹⁵ | 8 ⁹⁵ |
| wheatgrass | 3 ⁵⁰ | | |
| mix your own
apple, beet, carrot, celery, grapefruit, orange, pineapple, watermelon | 5 ⁹⁵ | 6 ⁵⁵ | 7 ⁷⁵ |
| kale or spinach | + 1 ⁰⁰ | | |

smoothies

- | | | |
|--|-----------------|-----------------|
| | 16 oz | 24 oz |
| protein powered | | |
| berry lean
banana, watermelon juice, mixed berries, lecithin, MUSCLE protein | 7 ⁵⁵ | 8 ⁵⁵ |
| beta bee
banana, carrot juice, strawberries, bee pollen, PureSOY protein | 6 ⁹⁵ | 7 ⁹⁵ |
| coconut quencher
coconut water, orange juice, peaches, pineapple, banana, MUSCLE protein | 7 ⁵⁵ | 8 ⁵⁵ |
| creameicle
orange juice, soy milk, banana, peaches, MUSCLE protein | 6 ⁹⁵ | 7 ⁹⁵ |
| energy elixir
banana, orange juice, mixed berries, ginseng, ENERGY protein | 6 ⁹⁵ | 7 ⁹⁵ |
| green tea power
matcha green tea, soy milk, melon, banana, pure soy protein | 7 ⁹⁵ | 8 ⁹⁵ |
| smart start
banana, apple cider, orange juice, strawberries, melon, ginkgo, ENERGY protein | 6 ⁹⁵ | 7 ⁹⁵ |
| the skinny
banana, rice milk, peaches, melon, lecithin, SLIM protein | 6 ⁹⁵ | 7 ⁹⁵ |
| total bliss
banana, apple cider, strawberries, pineapple, st. john's wort, SLIM protein | 6 ⁹⁵ | 7 ⁹⁵ |
| workout boost
banana, apple cider, orange juice, strawberries, spirulina, MUSCLE protein | 7 ⁵⁵ | 8 ⁵⁵ |

add your fix to any juice or smoothie

- | | |
|--|-------------------|
| soy protein | + 1 ⁰⁰ |
| energy
for energy and well-being | 16g |
| slim
for healthy weight control | 15g |
| pure soy
highest in soy protein | 24g |
| whey protein | + 1 ²⁵ |
| muscle
for strong, lean muscles
<small>*Includes 1g L-Glutamine</small> | 15g |

- | | |
|---|-------------------|
| more supplements | + 0 ⁵⁵ |
| aloe vera
for digestion and cleansing | |
| bee pollen
for stamina and longevity | |
| lecithin
to purify and move fat | |
| spirulina
for endurance and immunity | |
| matcha green tea | + 1 ⁰⁰ |
| antioxidant boost | |

functional favorites

- | | | |
|--|-----------------|-----------------|
| | 16 oz | 24 oz |
| açai smoothie
açai, banana, apple cider, blueberries | 7 ⁵⁵ | 8 ⁵⁵ |
| blues blaster
banana, apple cider, strawberries, blueberries, st. john's wort | 6 ⁹⁵ | 7 ⁹⁵ |
| immune smoothie
banana, rice milk, orange juice, peaches, strawberries, vitamin c, echinacea | 6 ⁹⁵ | 7 ⁹⁵ |
| peach dream
banana, rice milk, peaches, strawberries, cinnamon | 6 ⁹⁵ | 7 ⁹⁵ |
| peanut butter & jelly
apple cider, natural peanut butter, banana, strawberries | 6 ⁹⁵ | 7 ⁹⁵ |
| piña pom
pomegranate juice, orange juice, pineapple, banana | 6 ⁹⁵ | 7 ⁹⁵ |
| pomegranate açai
pomegranate juice, açai, blueberries, banana, apple cider | 7 ⁹⁵ | 8 ⁹⁵ |
| skin smoothie
banana, orange juice, raspberries, strawberries, aloe vera, lecithin | 6 ⁹⁵ | 7 ⁹⁵ |
| soy berry
banana, soy milk, mixed berries, vitamin c | 6 ⁹⁵ | 7 ⁹⁵ |

mix your own

- | | | | |
|---|-------------------------|-----------------|-------------------|
| | 16 oz | 24 oz | 12 oz |
| | 5 ⁹⁵ | 6 ⁹⁵ | 4 ⁹⁵ |
| | <small>UNDER 10</small> | | |
| start with
banana | | | |
| choose one
apple cider, orange juice, soy milk, rice milk | | | |
| pomegranate juice | | | + 1 ⁵⁰ |
| coconut water | | | + 1 ⁰⁰ |
| fresh juice | | | + 1 ⁰⁰ |
| add
strawberry, raspberry, peach, melon | | | |
| blueberry | | | + 0 ⁵⁰ |
| acai | | | + 1 ⁷⁵ |
| peanut butter | | | + 1 ⁰⁰ |





menu

sandwiches

sandwiches 8⁹⁵

- | | |
|----------------------|--------------------|
| tuna & white bean | turkey & hummus |
| egg salad florentine | portobello supreme |
| chicken tbm | |

wraps 7⁹⁵

- | | |
|----------------------|---------------|
| chipotle turkey | curry chicken |
| roast beef & arugula | turkey brie |
| chicken ceasar | |

Our sandwiches change seasonally & vary by location. Ask for details at your favorite Elixir location.

lunches

smoothie & sandwich 11⁹⁵
any small smoothie and one of our delicious sandwiches

smoothie & soup 9⁹⁵
any small smoothie and a small cup of soup (varies daily)

smoothie & salad 11⁹⁵
any small smoothie and one of our fresh salads

salads

bone-builder 8⁹⁵
mixed greens, chickpeas, parmesan, raisins, carrots, grilled chicken

elixir "perfect 10" 8⁹⁵
mixed greens, tofu, carrots, celery, cucumber, tomato, broccoli, corn

omega 3 8⁹⁵
mixed greens, tuna, carrots, peas, walnuts

skin-glow 8⁹⁵
mixed greens, grilled chicken, tomatoes, mushrooms, almonds

slimming salad 8⁹⁵
mixed greens, black beans, carrots, peas, onions, lemon chicken

soups S 4⁹⁵ L 5⁹⁵

We offer a rotating selection of soups every day. Just ask for todays selection.

side dishes

lentil salad 3⁹⁵

red quinoa & black bean 3⁹⁵

purple rice & edamame beans 3⁹⁵

wheatberry salad 3⁹⁵

spa chicken salad 4⁹⁵

apricot chicken salad 4⁹⁵

hard boiled eggs 2⁹⁵

breakfast

organic flax seed oatmeal 3⁵⁰
add raisins, brown sugar, dried cranberries +0⁵⁰

muffins, scones & more 3⁰⁰
choose from our daily selection of low carb, high protein, multigrain and low-fat items AND UP

snacks

low-fat energy cookies 3⁰⁰
wheat-free! dairy-free!
& loaded with ginseng for energy

protein bars 2⁵⁰
cliff bars, luna bars, muscle milk bars, titan bars AND UP

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250 E 54th St
2nd Ave @ Equinox Club
CALL 212.872.1480

1 Park Ave
33rd Street @ Equinox Club
CALL 212.679.2329

54 Murray St
Tribeca @ Equinox Club
CALL 212.872.1480

100 10th Ave
btw 17th & 18th @ Equinox Club
CALL 212.706.4310


225 Liberty St
World Financial Center
CALL 212.945.0400

203 E 85th St
3rd Ave @ Equinox Club
CALL 212.439.1640

16 Old Track Road
Greenwich CT @ Equinox Club

344 Amsterdam Ave
76th Street @ Equinox Club
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your health is a tall order that **elixir** is ready to fill with wholesome & fresh ingredients



cheers!

